

## **OLF Schedule of Services - June 2018**

**Saturday, June 2**<sup>nd</sup> – No Reader's Vespers

**Sunday, June 3<sup>rd</sup>** – Sunday of All Saints, 1<sup>st</sup> Hour 8:45 AM, 3<sup>rd</sup> Hour 9:45 AM, Divine Liturgy 10:00 AM

Monday, June 4<sup>th</sup> – Apostles Fast Begins

Saturday, June 9<sup>th</sup> – No Reader's Vespers

**Sunday, June 10**<sup>th</sup> – Feast of All Saints of Russia, 1<sup>st</sup> Hour 8:45 AM, 3<sup>rd</sup> Hour 9:45 AM, Divine Liturgy 10:00 AM

Saturday, June 16<sup>th</sup> –No Reader's Vespers

**Sunday, June 17**<sup>th</sup> – Feast of St. Metrophanes of Constantinople, 1<sup>st</sup> Hour 8:45 AM, 3<sup>rd</sup> Hour 9:45 AM, Divine Liturgy 10:00 AM

Saturday, June 23<sup>rd</sup> –No Reader's Vespers

**Sunday, June 24**<sup>th</sup> – Feast of Apostles Bartholomew & Barnabas, 1<sup>st</sup> Hour 8:45 AM, 3<sup>rd</sup> Hour 9:45 AM, Divine Liturgy 10:00 AM

Saturday, June 30<sup>th</sup> –No Reader's Vespers

## Fasting Outline for the Apostles Fast

Red indicates fast days, on which the faithful abstain from all meat, fish, eggs, and dairy products. On days with grapes, the fast is relaxed to allow for wine and oil. (Fish) means that in addition to wine and oil, fish is allowed. Fasting is subject to local practice and individual circumstances. Please consult with your priest regarding your personal practice.

June 4th Apostles Fast Begins

June 5th (Grapes) (Wine and Oil

allowed)

June 6th

June 7th (Fish) (Fish, Wine, and Oil

allowed)

June 8th

June 9th (Fish) (Fish, Wine, and Oil

allowed)

June 10th (Fish) (Fish, Wine, and Oil

allowed)

June 11th

June 12th (Grapes) (Wine and Oil

allowed)

June 13th

June 14th (Grapes) (Wine and Oil

allowed)

June 15th

June 16th (Fish) (Fish, Wine, and Oil

allowed)

June 17th (Fish) (Fish, Wine, and Oil

allowed)

June 18th

June 19th (Grapes) (Wine and Oil

allowed)

June 20th

June 21st (Grapes) (Wine and Oil

allowed)

June 22nd

June 23rd (Fish) (Fish, Wine, and Oil

allowed)

June 24th (Fish) (Fish, Wine, and Oil

allowed)

June 25th

June 26th (Grapes) (Wine and Oil

allowed)

June 27th

June 28th (Fish) (Fish, Wine, and Oil

allowed)

June 29th

June 30th (Fish) (Fish, Wine, and Oil

allowed)